

POINT-TO-POINT RIDER COMPETENCY ASSESSMENT

2026-27 SEASON



Name of applicant _____

Name of Jockey Coach _____

Date of Assessment _____

Any Rider over the age of 50 who has not had an RQC in the previous three seasons will be required to pass a separate BHA organised fitness test to demonstrate that they are fit enough and capable of riding a horse competitively in a point-to-point. PLEASE REFER TO GUIDANCE NOTES ON PAGE 3.

REQUIRED SKILLS	DIRECT OBSERVATIONAL EVIDENCE	COMMENTS
Tack up a racehorse ready for exercise within a realistic time frame.	✓ X	
Be aware of basic paces, warm up a racehorse and control at walk, trot and cantering in an open area.	✓ X	
Monitor pace and control (according to the coach's instruction) of a racehorse at canter.	✓ X	
Maintain a balanced body position at walk, trot and canter.	✓ X	
Maintain an independent seat, hands and length of stirrup as appropriate.	✓ X	
Change hands/gather a horse up while maintaining a balanced body position.	✓ X	

Understand basic whip skills for correcting and motivation.	✓ X	
Remain in control whilst schooling a racehorse over fences safely and competently.	✓ X	
Have responsibility for personal protective and safety equipment.	✓ X	
Demonstrate adequate fitness to participate and compete in a point-to-point.	✓ X	
Recognize own limitations and capabilities.	✓ X	

Has the rider attended any previous formal Jockey training?

Please give a summary of the skills observed and any other observations:

Do you consider the applicant is suitable to be granted a Point-to-Point Riders Qualification Certificate?

☐ YES

☐ NO

SIGNED _____

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SATISFACTORY

Rider is safe and in control showing good balance not hindering the horse's movement.

NOT UP TO STANDARD

Riding: Not in control, did not demonstrate a level of competence that would indicate they would be safe to ride in a Point-to-Point.

Schooling: Were unsafe, and unable to get their horse to jump. Nervous to the extend they upset the horse while riding.

Fitness: Excessively out of breath and obvious signs of sweating after schooling.

Should a Jockey Coach feel a rider may not be up to standard, they will refer footage to a Racing School Licence Course Assessor for discussion. Further to this, the Jockey may be advised to undergo further training prior to the issue of an RQC at their own expense.

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